

Sabbath Day

As co-creators with our God we build our lives each day
from the many opportunities He scatters on the way.
Students and apprentices we learn the Master's trade,
better fashioning ourselves in the image we were made.

Refrain: And Lord, You bless the Sabbath Day and give to us its gifts.
The rhythm of our work and play into its light we lift.
We pause to get our bearings, Lord, lest from your path we stray,
and as your guests we pause to rest on this your Sabbath day.

The ebbs and flows, the stops and gos, the rhythm of God's plan,
the pattern He has utilized since before the world began
gives everything its season as nature does attest,
that from our labors we might pause and take the time to rest.

Refrain

And through the tears and laughter, through the triumphs and defeats
we'll chase the things we're after till our joy might be complete.
And as the Cause behind the laws God makes his purpose known
we'll sing and laugh along the path that leads us to our home.

Refrain

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